

RPAY'S SPRING RECREATION RECAP

SUPPORTING ACTIVE YUKON SCHOOLS AND COMMUNITIES

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DID YOU KNOW THAT?

In the 2020-2021 year, RHEAL Leader funding reached 11 communities through 25 different RHEAL Leaders. There were more than 650 counts of participation in these RHEAL Leader programs.

Welcome to the digital RPAY Newsletter. This quarterly newsletter gives us the chance to provide updates on our programs and to give you recreation news from across the Yukon and Canada! Do you have an idea for our next newsletter? Have a program or update from your community you'd like to see featured? Please contact Kelsey at kelsey@rpay.ca

RHEAL LEADER SPOTLIGHT

Let's celebrate our RHEAL Leaders!

When Ursula Angerer first asked to run an exercise group through the Recreation and Parks Association of the Yukon (RPAY), she didn't expect it to bring out a crowd that ranged in age from four to 70. "It was a bit of a challenge," she says. "But it worked." Since then, Ursula, an RHEAL leader with RPAY, has run a number of Stay Fit, Osteofit, carpet bowling and Nordic walking classes in Tagish. She's especially passionate about the Osteofit classes because she's seen how regular physical activity can help seniors maintain their independence. Marie Rose, a regular at Ursula's classes for the last 20 years, agrees. "If Ursula ever retires, we're in trouble," she says. "She's done a wonderful job."



RHEAL LEADERS

Helping to create amazing community recreation

The RHEAL Leader program is one of RPAY's most popular and best-known programs. The funding and support offered through the program allow for community leaders to provide recreational programming in their own communities. This past January, we provided funding for 25 unique programs in 11 communities across the Yukon. This made it possible for programming to reach all age and ability groups. Each of these programs represent the dedication of the leader taking charge to ensure that there are awesome recreational opportunities in their communities.

RPAY would like to thank each and every RHEAL Leader past or present. It's because of your hard work and dedication that folks are given opportunities to participate in recreational programming, learn new skills, and stay active!

The next intake for RHEAL Leader's funding will be **September 15th**. For more information on the program please contact our Active Living Coordinator, Kelsey (kelsey@rpay.ca) or [click here](#).



PLANT HOPE IN 2021

Running from May 1 to August 31, 2021

The Hope is Growing is a social media contest running from May 1 to August 31, 2021. Plant yellow plants in your garden, snap a pic, and share it on social media this gardening season.

The goal is to see the land awash with gardens featuring yellow, the international colour of hope. Flowers, fruits, shrubs, vegetables – just plant the seeds!

Most people associate hope with a situation that they wish would end and that they could move past. 2020 was a difficult year and people are ready for positive, peaceful change, and opportunities to bring brightness and light into their lives. The Hope is Growing Campaign is a rallying point that is simple, inclusive, easy, and fun with a positive outcome for whoever participates.

Register your garden at hopeisgrowing.ca

WAFL WRAP UP

WAFL is wrapping up another successful season

Our Winter Active for Life program has wrapped up another successful season!

We are glad that so many people enjoyed our winter equipment this past year. The lending library is now officially closed until we have snow again!



TENNIS COURT FUNDING

Funding for Year Round Community Tennis Courts

Rogers and Tennis Canada are offering funding up to \$200,000 for communities and community organizations to build year round covered tennis courts in an effort to make tennis more accessible.

Tennis is a sport that engages people from all ages, abilities, and stages of development. You just need a racquet and some tennis balls.

Tennis in Canada is growing and they want it to be accessible and affordable all year!

To find out more information go to tenniscanada.com or contact acomella@tenniscanada.com

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PROGRAM EVALUATION TRAINING

For Physical Activity Practitioners

Canadian Fitness and Lifestyle Research Institute (CFLRI) together with Research Power Inc., is offering a complimentary training course for practitioners on evaluation and outcome measurement. This 5-week virtual training course will involve both online course and video learning opportunities. These sessions will be offered at different time throughout the year.

To register email register.eval.course@cflri.ca. Early registration is recommended as there is a maximum of 20 participants in each session.

Schedule of sessions:

- Intensive session, Monday to Friday August 23-27 (12:30 to 2:30 Eastern Time)
- Thursdays, September 16 to October 14 (1:00 to 3:00 Eastern Time)
- Tuesdays, October 19 to November 16 (1:00 to 3:00 Eastern Time)
- Wednesdays, November 3 to December 1 (12:30 to 2:30 Eastern Time)
- Tuesdays, November 23 to December 21 (9:30am to 11:30am Eastern Time)

Check out cflri.ca for more information.

RECREATION NORTH

Training starts again this fall!

Registration for the Certificate in Northern Recreation Leadership and the Certificate in Northern Recreation Management is open with learning events starting in September.

Beginning this fall, Northern recreation leaders can pursue their nationally-recognized CPRA Professional Development Certification through Recreation North. To register for this program, you must earn your Certificate in Northern Recreation Leadership, Certificate in Northern Recreation Management, and be a current member of your territorial recreation and parks association.

RPAY would like to congratulate Trisha Johnnie from Carmacks for being the first person in the Yukon to receive their Certificate in Northern Recreation Management.

We want to congratulate Dennis Bento from Faro, Alex Jeiger from Whitehorse, Teagan Unterschute from Carmacks, and Courtney Terriah from Whitehorse on completing their Certificates in Northern Recreation Leadership.

For more information or to register, please visit the [Rec North website](https://recnorth.ca).



TRAINING IN EVALUATION

Would you like to learn more about evaluation?

Then be sure to check out RP102 Evaluation in Recreation, a learning event with the Recreation North Training Program.

Evaluation in Recreation guides you through an important part of the programming cycle. Evaluation is about gathering, interpreting, and using information in the delivery of recreation programs, services, and projects.

To find out more or register go to recnorth.ca

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UPCOMING TRAINING

Get ready for the Rec Gathering!

We've got some good news everyone! It looks like we can hold our annual Recreation Gathering in person this fall! Please stay tuned to our social media sites for dates and more information. We're looking forward to being able to support our recreation leaders with this professional development and networking event.

Are you looking for training for you or your staff? Recreation North now offers two certifications. A certification in Northern Recreation Leadership will give you the skills needed to provide recreation programming to your community. A certificate in Northern Recreation Management is geared to those who would like to advance their knowledge and skills further and may be interested in moving into management positions. Once both of these certificates are complete, you can work towards your Canadian Parks and Recreation Association Professional Development Certification. For more information, please go to <https://www.recnorth.ca/>



CYCLE SMART

Teaching children the importance of bike safety and maintenance

With the collaboration of Terra Riders, we have been able to reach most Yukon communities and schools to teach youth basic bike maintenance and safety.

Children are taught how to maintain their bikes, how to fix common issues, how to safely ride on roads, how to tackle different obstacles, and many more great bike skills.

The children ride away feeling confident in their new skills and have a great time. Some have even said "it is better than recess".

Big thank you to Terra Riders and all volunteers for their work and help!

RPAY'S AGM

It's that time of year again

RPAY will be having its Annual General Meeting and re-election of officers on June 29 at 5:30pm to 7:30pm.

If you are interested in joining over Zoom please email anne@rpay.ca

If you are interested in joining the Board of Directors please let us know and attend the AGM.

We want to thank all of our wonderful board members for their input, support, and leadership this last year.

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RPAY RECOGNITION AWARD

Nominations due September 15, 2021

We at RPAY feel it's important to recognize the hard work of those in our field. These hardworking individuals do this work because they believe in and see the benefits of recreation first-hand for their communities.

We at RPAY know that without these dedicated community members, recreation would not run in our communities. Be they staff or volunteers, we know and want to thank ALL of our recreation family across the Yukon for their dedication to our field.

Each year, RPAY recognizes a select few individuals who have made outstanding contributions to recreation in their communities. In order to be recognized, these award winners must be nominated.

Do you have someone in your community who has made an excellent contribution to recreation in your community? Please contact Anne (anne@rpay.ca) and she'll send you the nomination form.



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CPRA AWARDS

Canadian Parks and Recreation Association Awards Program

CPRA is accepting nominations for the CPRA Awards Program. The Awards are presented to individuals, organizations, corporations (including municipalities or government agencies/departments) who have demonstrated a high level of commitment, passion, and leadership on a national level to the parks and recreation sector. CPRA has 4 awards that they celebrate each year.

- CPRA Award of Merit - applications accepted all year
- CPRA President's Award of Distinction - deadline March 31, 2022
- CPRA Partnership Award - deadline March 31, 2022
- CPRA Emerging Leader Award - deadline March 31, 2022

To learn more about these awards [click here.](#)



ReImagine RREC

Renew, Retool, Engage, Contribute

CANADIAN PARKS AND RECREATION ASSOCIATION

ReImagine RREC: Renew, Retool, Engage, Contribute

CPRA with support from the Government of Canada launched ReImagine RREC; a multi-phase COVID-19 recovery initiative for recreation, parks, and community sport leaders. In phase 1, 103 distinct surveys were analyzed that reflected the input and insight of 475,000 total respondents. To learn more about the report and the upcoming phases [click here.](#)

WEBINARS

CPRA Free Webinars

CPRA hosts free webinars throughout the years which provide tools, resources, and best practices for parks and recreation practitioners in Canada.

Upcoming webinars include:

- Encampments for People Experiencing Homelessness - June 1, 2021
- Restart to Recovery: ReImagining Parks, Recreation and Community Sport - June 8, 2021

[Click here](#) to learn more

Green and Inclusive Community Buildings

GREEN AND INCLUSIVE COMMUNITY BUILDINGS

Applications for over \$3 million are open until July 6, 2021

The Green and Inclusive Community Buildings program aims to build more community buildings and improve existing ones, in particular in areas with populations experiencing higher needs, while also making the buildings more energy efficient, lower carbon, more resilient, and higher performing.

Applications ranging from \$100,000 to \$3 million are accepted on a continues basis. Applications over \$3 million to \$25 million are open until July 6, 2021.

To learn more [click here](#).

NATIONAL ACCESSABILITY WEEK

May 30 - June 5 2021

There will be a free NAAW Webinar on June 2, 2021 at 12:00pm EST that will feature presentations from the following organizations:

- reachAbility (Tova Sherman)
- DisAbled Women's Network Canada (Bonnie Brayton)
- ReelAbilities Film Festival (Grace Smith, Linda Luarasi, and Shira Wolch)

A panel discussion will follow focussing on the projects undertaken by each organization. The Zoom webinar will be fully accessible.

To register [click here](#).

PARTICIPACTION

Community Better Challenge Starts June 1!

Download the [ParticipACTION app](#) to start tracking your movement minutes and be entered to win awesome prizes. Create a group to see if your group can record more move minutes than RPAY! The most active community in Canada and the North wins a cash prize for recreation!



Our Team!



Jan - Winter Active for Life



Mia - Active Playground Experiences and Cycle Smart



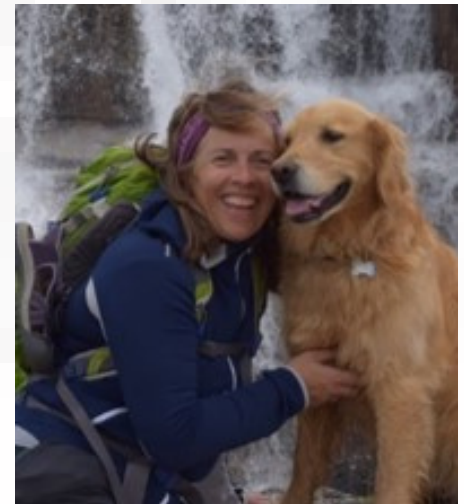
Roger - Recreation Training Coordinator



Kelsey - Active Living Coordinator



Anne - Executive Director



Caroline - Planning and Evaluation

Thank you to our staff and contractors for continuing to make RPAY run smoothly!

CONTACT US!

Questions? Comments? General observations? Feel free to give us a call or email.

Anne Morgan, Executive Director:
anne@rpay.ca, (867) 668-2389

Kelsey Hassard, Active Living Coordinator:
kelsey@rpay.ca, (867) 668-3010

Roger Bower, Recreation Training Coordinator:
roger@rpay.ca, (867) 668-3010

General Information:
rpay@rpay.ca, (867) 668-3010

RPAY would like thank the Government of Yukon Sport and Recreation Branch for their continued support of our programming



RPAY respectfully acknowledges that we work within the traditional territories of the Kwanlin Dün First Nation and Ta'an Kwäch'än Council